

Onancock Police Department

Disaster Supplies Check List

Basic Emergency Supply Kit

- Water- one gallon of water per person per day for at least three days, for drinking and sanitation.
- Food- three-day supply for each person of non-perishable food (baby food).
- Radio- battery-powered or hand crank.
- Flashlight(s)-
- Batteries- size to light radio and flashlight
- Medications- one-week supply of each person's prescription medication and extra contact lenses or glasses
- First aid kit-
- Whistle- to signal help
- Dust mask- to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- Moist towelettes for personal sanitation.
- / Garbage bags-
- Tools- wrench or pliers to turn off utilities.
- Can opener-
- Local map-
- Cell phones- with chargers, inverter, backup battery or solar charger.

Recommended Additional Items:

- Paperwork- written list of each family member's allergies and medications (for prescriptions, include prescribing doctor's name and contact information)
- Toiletry- toilet paper, soap, toothpaste, feminine supplies and other personal hygiene items.
- Clothing- minimum one change clothing for each person plus sturdy shoes.
- Bedding- blanket or sleeping bag for each person.
- Pets- food and medications.
- Special items- Bottles, diapers, formula, cane, hearing aides, wheel chair.
- Water purification- iodine tablets or plain household chlorine bleach and a medicine dropper - diluted nine parts water to one part bleach, bleach can be used as a disinfectant. You can also treat water by using 16 drops of regular household liquid bleach per gallon of water if necessary.
- Cash / Coins-
- Documents- important family documents such as copies of insurance policies, identification and bank account (place in waterproof container).
- Rain gear-
- Towels-
- Lighter/Matches- place in waterproof container.

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Fire extinguisher-

Sunscreen-

Insect repellent-

Mess Kits- paper cups & plates, paper towels and plastic utensils.

Paper and Pencil

Books / Games- or other activities for kids

Photos- recent of children.
